

# New study reveals the age that women officially turn into their mums

WOMEN can now find out the age that they are likely to turn into their mums.

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A new study has revealed some news that is going to shock some women, and be a blessing to others.

Women are said to start turning into their mothers at the age of 33, while men turn into fathers at 34, according to new research.

The top sign which sees daughters adopt many of the same attitudes and tastes as their mums is the first few years after the birth of their first child.





More than half of the women polled said they stopped rebelling against their mothers and started mimicking them instead in their early 30s.

By far the most popular age for this change was 33 – the same age as reality TV star Jess Wright.

The second most popular sign for women was noticing the first physical signs of middle age – crows feet, lines on the forehead, grey hairs and lower volume in the lips.



Watching the same TV shows came third, taking up the same hobbies was fourth and using the same sayings was fifth.

Men start turning into their fathers a year later at 34 – the same age as Prince Harry.

The top signals for men were fatherhood, physical signs of middle age such as a double chin, followed by switching lights off in empty rooms at home, listening to Radio 2 rather than Radio 1 and adopting the same politics as your dad.



The results came from a poll of 2,000 men and women by the Harley Street facial cosmetic surgeon Dr Julian De Silva.

Dr De Silva, from the Centre For Advanced Facial Cosmetic & Plastic Surgery, said: "We all turn into our parents at some point in our lives, and that is something to be celebrated. They are the most wonderful people in the world.

"Becoming parents is the main trigger and lifestyle factors are also important. Both sexes said the physical signs of middle age were also a key factor."