

Apparently Women Start Turning Into Their Mothers At The Age Of 33

We all knew at some point the day would come, where instead of acting and sounding like yourself you turn into the woman that was always by your side: your mother.

You begin to realise that your mannerisms, actions and even phrases have quickly morphed. According to new research, that inevitable switch happens at the age of 33.

The study, conducted by a Harley Street surgeon, revealed that more than fifty per cent of women admitted that they stopped rebelling against their mothers in their early thirties. The research also revealed that daughters began adopting the same tastes and attitudes in the few years after having a child.

Dr Julian De Silva surveyed 2,000 men and women. "We all turn into our parents at some point in our lives – and that is something to be celebrated," he said.

"Becoming parents is the main trigger and lifestyle factors are also important."

Signs of women becoming more like their mothers include watching the same TV shows, taking up the same hobbies and using the same sayings.